



# WEBINAR ON- HOW TO FACE AN INTERVIEW



Organised by-  
Department of Sociology in collaboration with Counselling and  
Guidance Cell, University of Lucknow, Lucknow

**Date- 6 July 2021 Time- 3PM to 4PM**

## **GUEST SPEAKER :**

**Ms Abha Joshi**  
Reputed Consultant and  
Counsellor



## **Organizing Team :**



**Prof. Arvind Awasthi**  
Head  
Department of Sociology  
University of Lucknow



**Prof. Madhurima Pradhan**  
Director  
Counselling and Guidance Cell  
University of Lucknow



**Prof. D.R. Sahu**  
Coordinator  
Department of Sociology  
University of Lucknow



**Dr. Archana Verma**  
Coordinator Webinar  
Department of Sociology  
University of Lucknow



**Pragya Chaturvedi**  
Student Coordinator  
PhD Research Scholar  
Department of Sociology  
University of Lucknow



**Himanshu Srivastava**  
Student Coordinator  
PhD Research Scholar  
Department of Sociology  
University of Lucknow

**Joining Link – <https://meet.google.com/otr-cvzy-wji>  
Google Meet Code : otr-cvzy-wji**



## **Press Note:**

**Name of Department :** Department of Sociology

**Topic :** How to face an interview

**Resource Person :**

Guest Speaker : Ms Abha Joshi (Reputed Consultant and counselor. Currently working as free lance Life Skill, Personality Development and career counselor)

Organizing Team :

Prof. Arvind Awasthi ( Head, Department of Sociology),  
Prof. Madhurima Pradhan (Director, Counseling and Guidance Cell),  
Prof. D.R. Sahu (Coordinator, Department of Sociology),  
Dr. Archana Verma (Coordinator Webinar, Department of Sociology),  
Pragya Chaturvedi (Student Coordinator, Department of Sociology),  
Himanshu Srivastava (Student Coordinator, Department of Sociology)

**No. of Participants :** 100 people participated in the webinar including the faculty members including Prof. Madhurima Pradhan (Director, Counseling and Guidance Cell), Prof. D.R. Sahu (Department of Sociology), Dr. Archana Verma (Department of Sociology), Dr. Vaishali Saxena (Counseling and Guidance Cell), Dr. Pratibha Raj (Department of Sociology), Dr. Rangoli Chandra (Department of Sociology)

**Main points covered :**

1. Fear and psychology of interview
2. Presenting yourself
3. Verbal and nonverbal communication
4. Preparing CV
5. Dressing up for the interview
6. Pre interview preparation


**Feedback of students :** Response was positive as most of them were connected throughout the session and many questions were put on for queries.

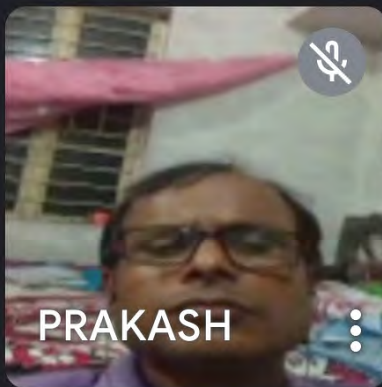
- Knowledgeable and informative webinar
- Discussed practical issues of interview
- Help in overcoming fear to face interview
- Discussed FAQ's of interview
- Taken all questions of Students






  
Sociology


  
Pragya

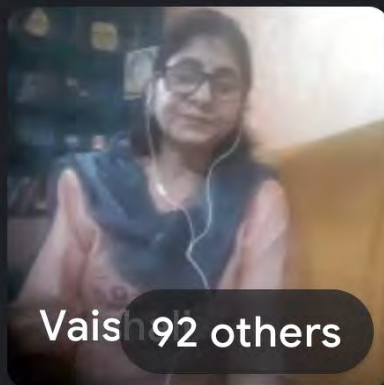
  
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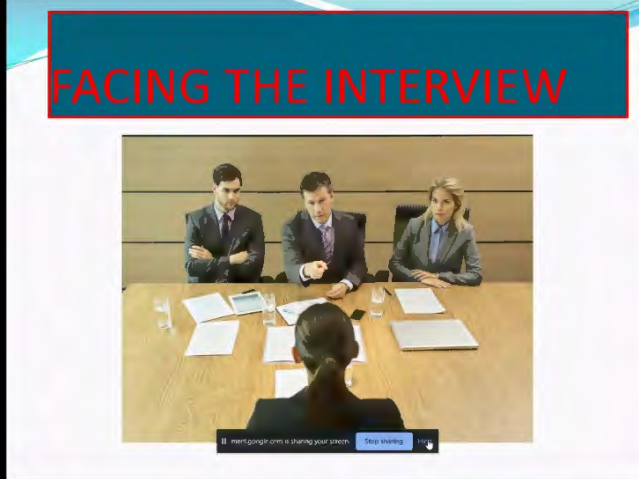
  
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Dr. Archa...

  
You

  
Vaish92 others

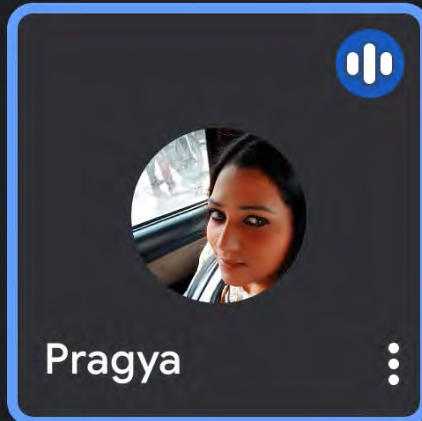




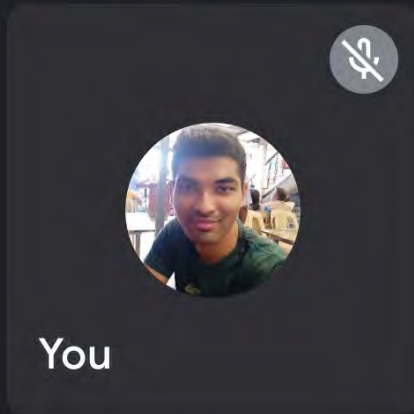

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Pragya



You



Vaishal96 others





### PREPARING THE CV

#### What is a CV or Résumé?

In simple terms, your CV or resume sets out your skills and experience.

*It is a detailed document outlining all of your life achievements, qualifications, associations, awards and skills.*

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Pragya



You



Vaishal94 others



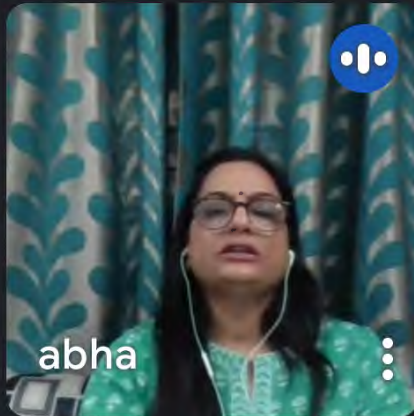




**DRESSING UP FOR THE INTERVIEW**

- Formal dress code for women:
- Choose the style of dressing in which you feel comfortable.
- Wear either Indian or western but should be simple cut and conservatively styled – no flamboyance.
- Don't use very colourful clothes.
- Avoid too much make-up and use simple jewellery
- Use low heels so you feel comfortable.


abha is presenting

abha



Pragya



You



Vaishal94 others





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**Pre-Interview Preparation**

- Do some research work on the organisation for which you have received the call
- Familiarize yourself with the job description of the role that you are interviewing for.
- FOLLOW TIME** (Be absolutely Punctual)




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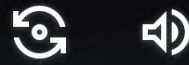
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Pragya 86 others



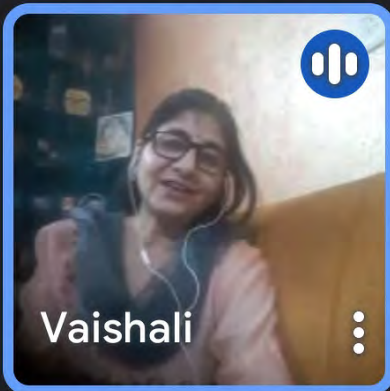




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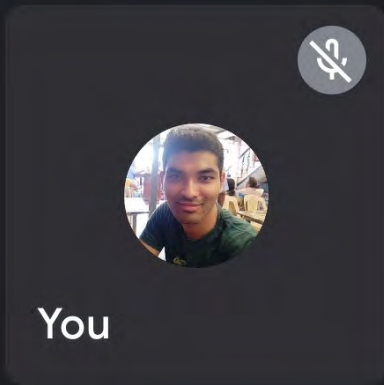
Pragya



Dr. Archa...



Sukhansh



You



Jaya 54 others



← About this call

People

Information



Himanshu Srivastava (You)



Aastha Rao



abha joshi



Abhishek Verma



Aditya



Aishna Verma



Akash Dwivedi



Alka singh



Almas Zaidi



amarjeet sonkar



AMIT KUMAR



Amrendra Mishra



Anamika Verma






























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← About this call

People

Information

-  Anchal Mishra 
-  Anjum Ara 
-  Ankita Dixit 
-  Ankita Rastogi 
-  anshupriya singh 
-  Anuradha Gupta 
-  Aradhana Pandey 
-  Archana Kumari K... 
-  Atiti Sen 
-  Awasthi SK 
-  Ayushi Dubey 
-  Ayushi Patel 
-  D R Sahu 
-  Deepshikha Verma 